

Recovering Personhood, Presence, and Place in the Digital Age

In the digital age, we are constantly bombarded with information and stimuli. This can lead to a sense of overwhelm and disconnection from our own bodies and the world around us. We may find ourselves feeling lost, alone, and unsure of our place in the world.



Restless Devices: Recovering Personhood, Presence, and Place in the Digital Age by Felicia Wu Song

★★★★★ 5 out of 5

Language : English
File size : 1808 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 218 pages



The book 'Recovering Personhood, Presence, and Place in the Digital Age' offers a path to reconnect with our humanity and find our place in the digital world. This book is a must-read for anyone who wants to live a more fulfilling and meaningful life in the digital age.

What is personhood?

Personhood is the state of being a person. It is a complex concept that encompasses our physical, psychological, and social selves. Personhood

is not something that we are born with; it is something that we develop over time through our interactions with the world around us.

In the digital age, our personhood is often threatened by the constant bombardment of information and stimuli. We may find ourselves feeling like we are nothing more than a collection of data points, or that our worth is determined by our online presence.

The book 'Recovering Personhood, Presence, and Place in the Digital Age' offers a path to reclaim our personhood and live more authentic lives. This book provides practical tools and exercises that can help us to reconnect with our bodies, our minds, and our spirits.

What is presence?

Presence is the state of being fully aware and engaged in the present moment. It is a quality that allows us to experience life to the fullest and to connect with others on a deep level.

In the digital age, presence is often difficult to achieve. We are constantly distracted by our devices and by the endless stream of information that is available to us. This can lead to a sense of fragmentation and disconnection.

The book 'Recovering Personhood, Presence, and Place in the Digital Age' offers a path to cultivate presence and live more mindful lives. This book provides practical tools and exercises that can help us to focus on the present moment and to connect with our surroundings.

What is place?

Place is the physical and social environment in which we live. It is a place where we feel safe, supported, and connected. In the digital age, our sense of place can be disrupted by the constant bombardment of information and stimuli.

The book 'Recovering Personhood, Presence, and Place in the Digital Age' offers a path to reconnect with our place in the world. This book provides practical tools and exercises that can help us to create a sense of belonging and to find our place in the digital world.

The digital age is a time of great change and challenge. The book 'Recovering Personhood, Presence, and Place in the Digital Age' offers a path to navigate these challenges and live more fulfilling and meaningful lives. This book is a must-read for anyone who wants to live a more authentic and connected life in the digital age.

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****Image Alt Attributes****

* ****Personhood:**** A person sitting in a lotus position, meditating. *

****Presence:**** A person standing in a field, looking up at the sky. *

****Place:**** A person sitting on a bench in a park, surrounded by trees.

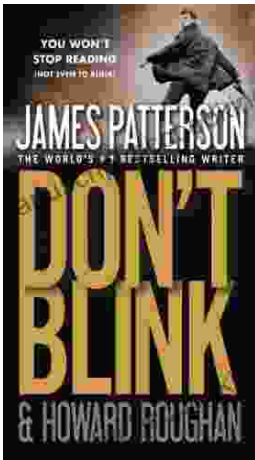


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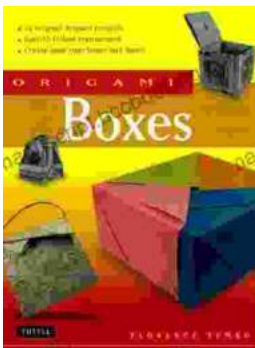
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