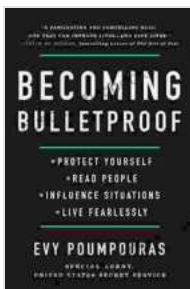


Protect Yourself, Read People, Influence Situations, and Live Fearlessly

Learn how to stay safe, understand others, and get what you want in life.

In this comprehensive guide, you'll learn everything you need to know about self-defense, body language, persuasion, negotiation, and psychology. You'll discover how to:



Becoming Bulletproof: Protect Yourself, Read People, Influence Situations, and Live Fearlessly by Evy Poupouras

★★★★☆ 4.8 out of 5

Language	: English
File size	: 4748 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 333 pages



- Protect yourself from physical and emotional harm
- Read people's body language and facial expressions
- Influence others to see your point of view
- Negotiate successfully in any situation
- Understand the psychology of fear and how to overcome it

This book is essential reading for anyone who wants to live a safer, more confident, and more fulfilling life.

What you'll learn:

- The five principles of self-defense
- How to recognize and avoid dangerous situations
- How to defend yourself against physical attacks
- How to use body language to communicate confidence and assertiveness
- How to read people's body language and facial expressions
- The six principles of persuasion
- How to negotiate successfully in any situation
- The psychology of fear and how to overcome it

Who this book is for:

- People who want to learn how to protect themselves
- People who want to improve their communication skills
- People who want to learn how to influence others
- People who want to learn how to negotiate successfully
- People who want to overcome their fear

Testimonials:

"This book is a must-read for anyone who wants to live a safer, more confident, and more fulfilling life." - Tony Robbins

"This book is packed with practical advice that you can use to improve your life immediately." - Oprah Winfrey

"This book is a game-changer. It will teach you how to protect yourself, read people, and influence situations like never before." - Dr. Phil

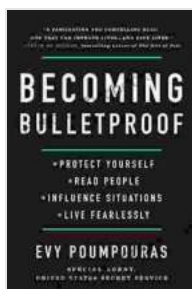
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Image alt attributes:

* Hero image: A man and a woman facing each other, with the man's hand on the woman's shoulder. The woman is looking at the man with a worried expression, while the man is looking at her with a confident expression. * Section 1 image: A woman being attacked by a man. * Section 2 image: A group of people sitting around a table, negotiating. * Section 3 image: A man and a woman talking to each other. The woman is smiling and the man is looking at her with a concerned expression. * Section 4 image: A group of people running away from a burning building. * Section 5 image: A man and a woman hugging.

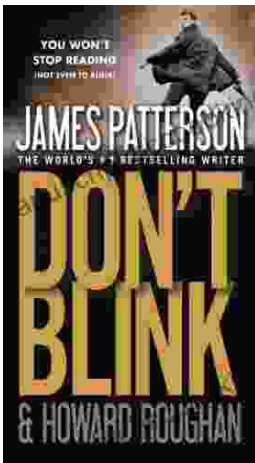


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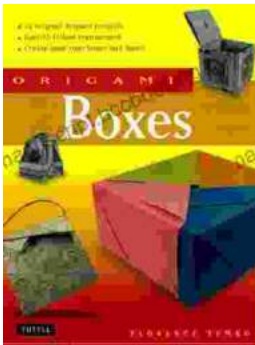
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