

Hollywood Park: A Haunting Memoir of Loss, Addiction, and Redemption

Mikel Jollett's *Hollywood Park* is a raw and unflinching memoir of his life as the frontman of the band Airborne Toxic Event, his struggles with addiction, and his eventual recovery. It is a story of loss, love, and the power of music to heal.

Jollett's writing is honest and unflinching, as he chronicles his descent into addiction and his struggles to get clean. He writes about the pain of losing his father to suicide, the guilt he felt over his brother's death, and the shame and self-loathing that drove him to addiction. But Jollett's memoir is also a story of hope and redemption. He writes about the people who helped him get clean, the music that saved his life, and the love that he found in his wife and children.

Hollywood Park is a powerful and moving memoir that will stay with you long after you finish reading it. It is a story of addiction and recovery, but it is also a story of love, loss, and the power of music to heal.



Hollywood Park: A Memoir by Mikel Jollett

★★★★☆ 4.6 out of 5

Language	: English
File size	: 2354 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 374 pages
X-Ray for textbooks	: Enabled



Here is an excerpt from the book:

"I remember the first time I got high. I was 15 years old and I was at a party with some friends. Someone offered me a joint and I took it. I didn't think much about it at the time, but that one joint would change my life forever.

"I started smoking weed regularly and soon I was drinking and using other drugs as well. I loved the way drugs made me feel. They made me feel happy and confident. They made me feel like I could do anything.

"But drugs also started to take a toll on my life. I started to lose interest in school and I started to withdraw from my friends and family. I was becoming a different person, and not in a good way.

"One day, I woke up and realized that I couldn't live like this anymore. I was addicted to drugs and I knew that if I didn't get help, I would die.

"I went to rehab and it was the hardest thing I've ever done. But it was also the best thing I've ever done. Rehab saved my life.

"I've been clean for over 10 years now and I'm grateful for every day that I'm alive. I'm grateful for my wife and children, I'm grateful for my music, and I'm grateful for the second chance that I've been given."

If you are struggling with addiction, please know that you are not alone. There is help available and you can recover. Mikel Jollett's Hollywood Park

is a powerful reminder that even in the darkest of times, there is always hope.



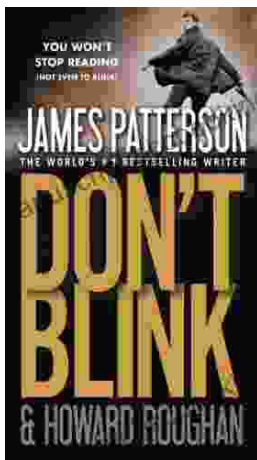
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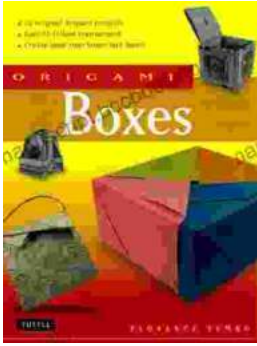
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