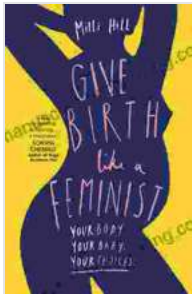


Give Birth Like a Feminist: Reclaim Your Power and Create the Birth You Deserve

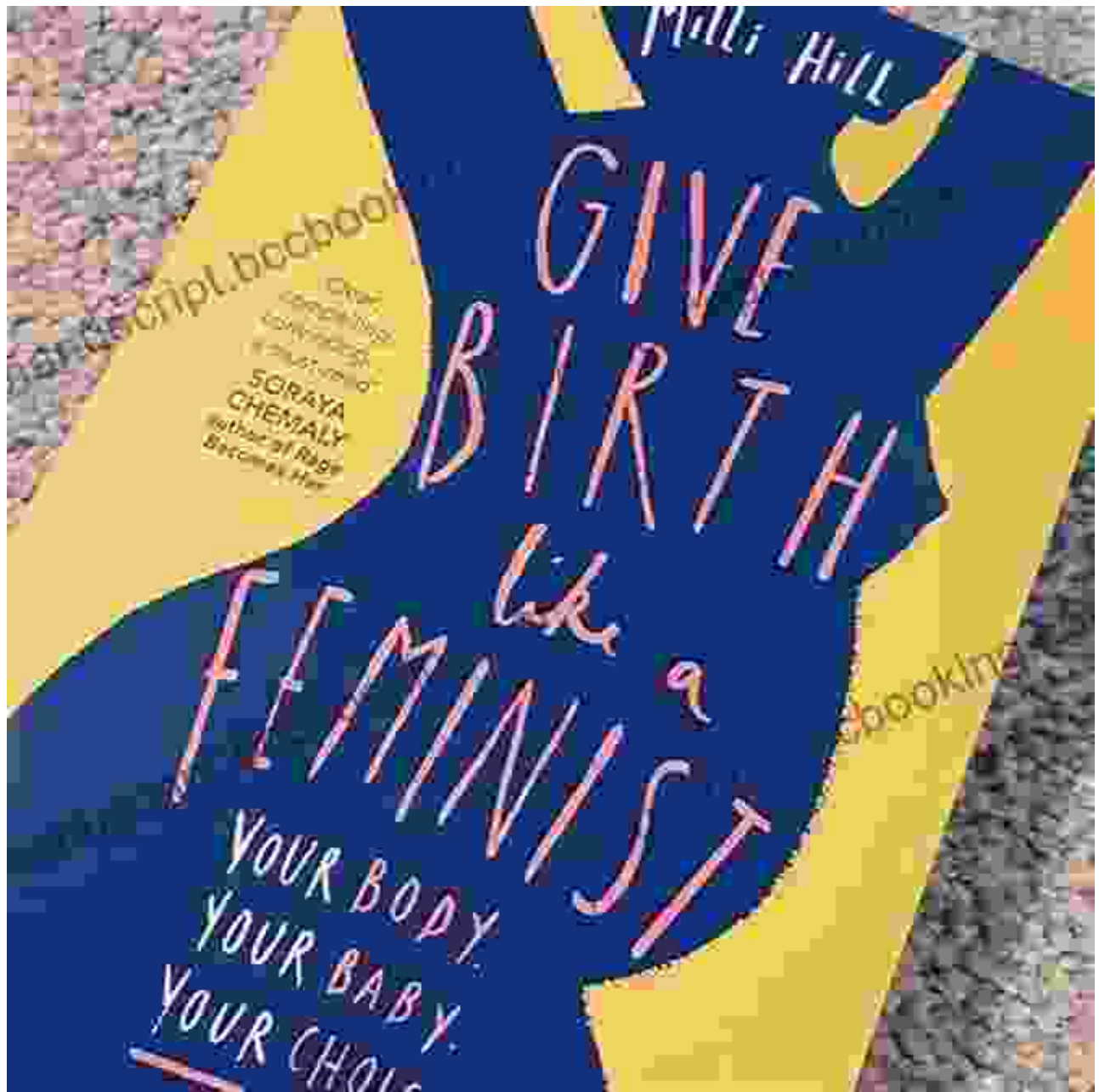


Give Birth Like a Feminist: Your body. Your baby. Your choices. by Milli Hill

★★★★☆ 4.6 out of 5

Language : English
File size : 1046 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 345 pages

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About the Book

****Give Birth Like a Feminist**** is a groundbreaking guide to taking control of your birth experience. This book empowers you with evidence-based knowledge, empowering you to advocate for yourself and your baby throughout your pregnancy, labor, and beyond.

Drawing on the latest research and feminist principles, ****Give Birth Like a Feminist**** challenges the traditional medical model of birth and offers a holistic approach that respects your body, your choices, and your power as a birthing person.

With this book, you will learn:

- How to create a birth plan that reflects your values and preferences
- How to navigate the medical system and advocate for your rights
- How to find a supportive care team, including a doula, midwife, or other birth professionals
- How to prepare for labor and delivery, both physically and emotionally
- How to recover from childbirth and transition to parenthood

****Give Birth Like a Feminist**** is essential reading for every pregnant person who wants to have a positive and empowering birth experience.

About the Author

Dr. Sara Wickham is a feminist scholar, midwife, and birth activist. She has dedicated her career to empowering birthing people and transforming the way we think about birth.

Dr. Wickham is the author of several books on birth, including ****Birth Justice: A Call to Action for Reproductive Justice**** and ****The Birth Partner's Handbook: A Complete Guide to Supporting the Birthing Person****. She is also the founder of the Birth Institute, a nonprofit organization that provides education and support to birthing people and their families.

Reviews

"**Give Birth Like a Feminist** is a must-read for every pregnant person. It is an empowering and evidence-based guide that will help you take control of your birth experience and create the birth you deserve." — **Ricki Lake, author of Your Best Birth**

"Dr. Wickham has written a brilliant book that is both practical and inspiring. **Give Birth Like a Feminist** is a valuable resource for every birthing person who wants to have a positive and empowering birth experience." — **Ina May Gaskin, author of Ina May's Guide to Childbirth**

"**Give Birth Like a Feminist** is a game-changer. This book will help you reclaim your power as a birthing person and create the birth you deserve." — **Dr. Jessica Zucker, author of I Had a Miscarriage**

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Give Birth Like a Feminist is available now at all major bookstores and online retailers.

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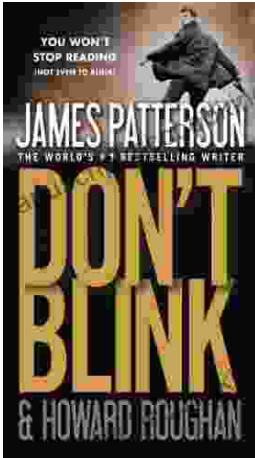
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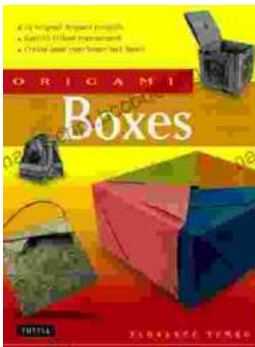
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