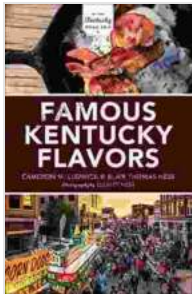


Exploring The Commonwealth's Greatest Cuisines: My Old Kentucky Road Trip



Famous Kentucky Flavors: Exploring the Commonwealth's Greatest Cuisines (My Old Kentucky Road Trip) by Frank Nappi

★★★★☆ 4.5 out of 5

Language : English
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Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
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Kentucky is a state with a rich and diverse culinary history. From the fried chicken and burgoo of the Bluegrass region to the barbecue and bourbon of the Western Coalfields, there's something to satisfy every palate. In this article, we'll take a road trip across the Commonwealth, exploring some of its greatest cuisines.

Louisville: The Gateway to Kentucky Cuisine

Our journey begins in Louisville, the largest city in Kentucky. Here, we'll find a vibrant food scene with everything from fine dining to casual eateries. One of the must-try dishes in Louisville is the Hot Brown, an open-faced sandwich made with turkey, bacon, and Mornay sauce.



Lexington: The Heart of the Bluegrass

From Louisville, we'll head east to Lexington, the heart of the Bluegrass region. This area is known for its horse farms and rolling hills, but it's also home to some great food. In Lexington, we'll sample some of the state's best fried chicken and burgoo, a hearty stew made with beef, pork, and vegetables.



Bowling Green: The Gateway to the Western Coalfields

Our next stop is Bowling Green, the gateway to the Western Coalfields region. This area is known for its barbecue and bourbon. In Bowling Green, we'll visit some of the state's best barbecue joints and sample some of the finest bourbon in the world.



Paducah: The Crossroads of Kentucky

Our final stop is Paducah, the crossroads of Kentucky. This city is located at the confluence of the Ohio and Tennessee rivers, and it has a unique culinary history that reflects its location. In Paducah, we'll sample some of the state's best catfish and hushpuppies.



Our road trip across Kentucky has given us a taste of the state's diverse and delicious cuisine. From the fried chicken and burgoo of the Bluegrass region to the barbecue and bourbon of the Western Coalfields, there's something to satisfy every palate in Kentucky. So, if you're looking for a culinary adventure, be sure to add Kentucky to your list of destinations.



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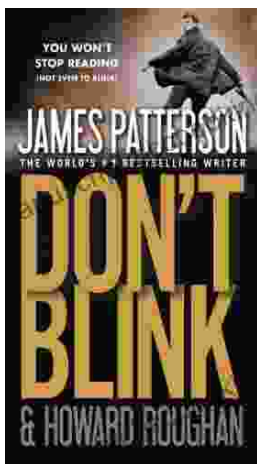
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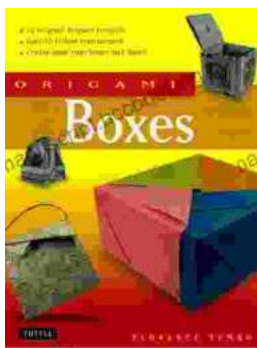
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