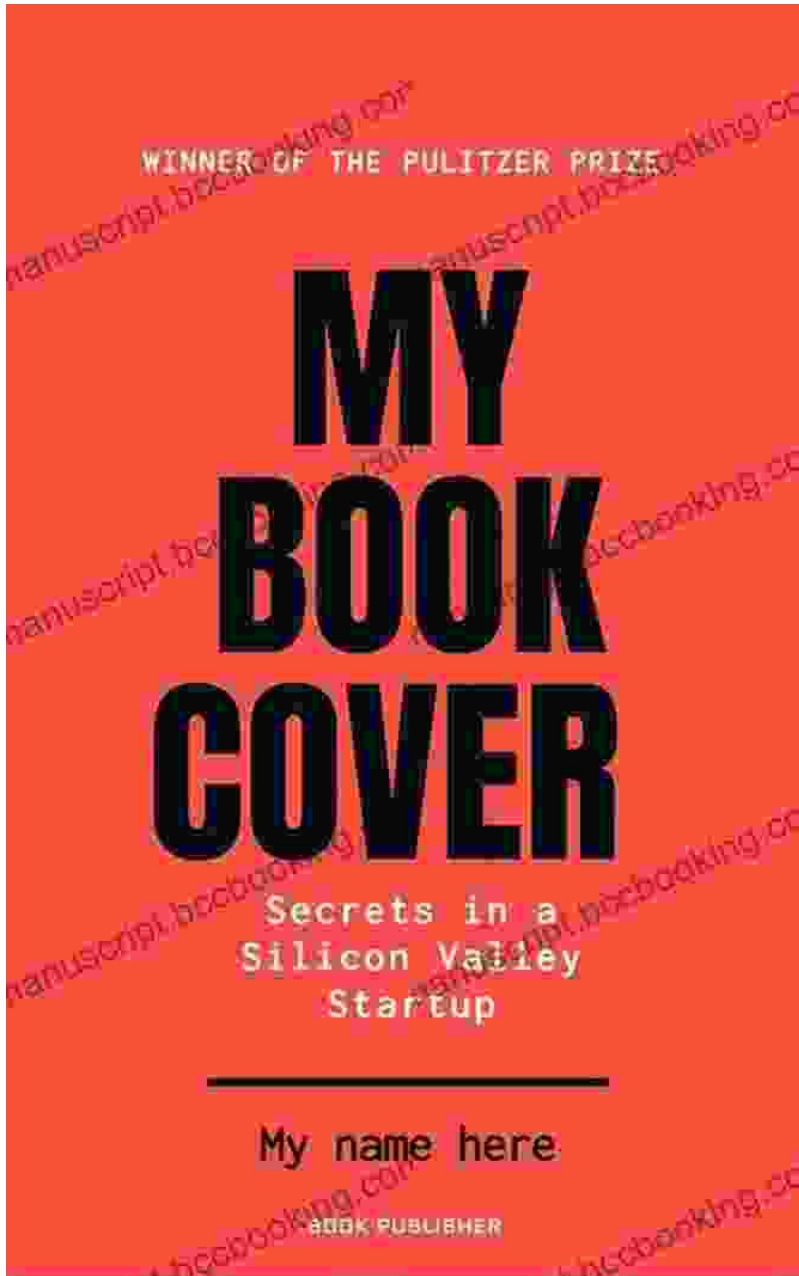


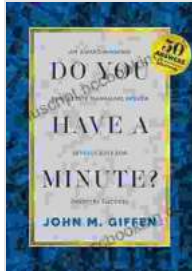
Do You Have a Minute: The Power of Small Conversations



About the Book

In *Do You Have a Minute*, author and speaker Celeste Headlee argues that small conversations are the key to unlocking a better life. Through personal

stories and research, she shows how these brief interactions can help us build stronger relationships, improve our health, and even change the world.



Do You Have a Minute? by Gordon Graham

★★★★☆ 4.8 out of 5

Language	: English
File size	: 42208 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 354 pages
Lending	: Enabled



Headlee identifies ten simple rules for having great small conversations, including:

- Be interested in others.
- Listen more than you talk.
- Be present.
- Be honest.
- Be kind.

She also provides tips for overcoming common conversation challenges, such as shyness, awkwardness, and difficulty finding things to talk about.

Why You Need to Read This Book

Do You Have a Minute is a must-read for anyone who wants to improve their communication skills, build stronger relationships, and make a positive impact on the world. Headlee's insights are practical, actionable, and inspiring.

If you're ready to unlock the power of small conversations, Free Download your copy of *Do You Have a Minute* today.

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What Others Are Saying

- "*Do You Have a Minute* is a game-changer. Celeste Headlee's insights have helped me to have more meaningful conversations with everyone from my family and friends to my colleagues and strangers." - Oprah Winfrey
- "Headlee's book is a must-read for anyone who wants to improve their communication skills. She provides practical tips that can be used in any situation." - The New York Times
- "*Do You Have a Minute* is a powerful book that can help you to transform your life. Headlee's insights are inspiring and actionable." - Arianna Huffington

About the Author

Celeste Headlee is an award-winning journalist, speaker, and author. She has worked as a host for NPR and the BBC, and her writing has appeared in The New York Times, The Washington Post, and The Atlantic. Headlee is the author of several books, including *Do You Have a Minute* and *We Need to Talk: How to Have Conversations That Matter*.



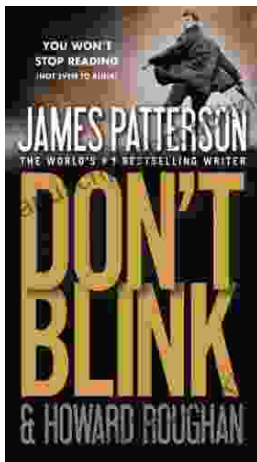
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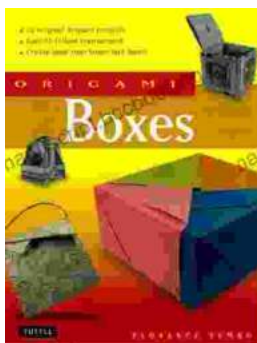
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