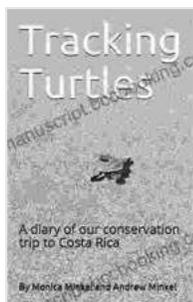


# Diary of Our Conservation Trip to Costa Rica



## Tracking Turtles: A diary of our conservation trip to Costa Rica by Eyal Davidson

★★★★★ 5 out of 5

Language : English  
File size : 24199 KB  
Text-to-Speech : Enabled  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 109 pages  
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Screen Reader : Supported



## Day 1: Arrival and

Upon arriving at Juan Santamaría International Airport in San José, we were greeted by our local guide, Esteban. Esteban is a passionate conservationist who has dedicated his life to protecting Costa Rica's natural heritage. He shared his insights about the country's rich biodiversity and the challenges it faces due to deforestation, habitat loss, and climate change.

After checking into our eco-friendly hotel, we spent the afternoon exploring the La Selva Biological Station, a world-renowned research and conservation center located in the heart of the Atlantic rainforest. We were amazed by the station's extensive network of trails and observation towers, which provide scientists and visitors with a unique opportunity to study the rainforest's diverse flora and fauna.



La Selva Biological Station is a world-renowned research and conservation center located in the heart of the Atlantic rainforest.

## **Day 2: Rainforest Exploration and Turtle Conservation**

Today, we spent the day exploring the Pacuare River Valley, a breathtaking region known for its stunning waterfalls, lush rainforests, and abundant wildlife. We hiked along a scenic trail that led us to the pristine San Gerardo de Dota waterfall, where we witnessed the awe-inspiring power of nature up close.

Later, we visited the Pacuare River Turtle Sanctuary, a community-led project that works to protect endangered sea turtles. We learned about the sanctuary's efforts to monitor and protect turtle nests, as well as the importance of reducing plastic pollution that threatens marine life.



The Pacuare River Turtle Sanctuary is a community-led project that works to protect endangered sea turtles.

### **Day 3: Cloud Forest Adventure**

On our third day, we drove into the mountains to visit the Monteverde Cloud Forest Reserve. As we ascended, the temperature dropped and the air became moist, creating a surreal and ethereal atmosphere. We hiked through the reserve's pristine cloud forest, marveling at the towering trees, vibrant vegetation, and abundant birdlife.

Our highlight of the day was a visit to the hummingbird gallery, where we observed dozens of different species of hummingbirds feeding on sugar water feeders. It was a magical experience to witness these tiny, iridescent birds up close.



The Monteverde Cloud Forest Reserve is home to a wide variety of plant and animal life, including over 400 species of birds.

#### **Day 4: Indigenous Culture and Wildlife Encounters**

Today, we spent the day at the Guayabo National Monument, an archaeological site that reveals the rich cultural history of Costa Rica's indigenous people. We explored the ruins of an ancient city that dates back to the 1st century AD, and learned about the advanced society that once thrived there.

In the afternoon, we had an unforgettable wildlife encounter at the Carara National Park. We spotted families of white-faced capuchin monkeys, playful spider monkeys, and a majestic pair of scarlet macaws. The park's diverse habitats, from swamps to forests, provide a sanctuary for a wide range of wildlife.



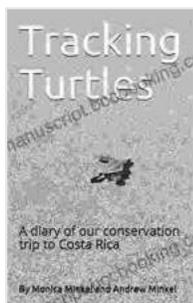
The Guayabo National Monument is an archaeological site that reveals the rich cultural history of Costa Rica's indigenous people.

### **Day 5: Beach Cleanup and Community Engagement**

On our final day, we drove to the Pacific coast to visit the Manuel Antonio National Park. This beautiful park is home to pristine beaches, lush rainforests, and an abundance of wildlife. We spent the morning cleaning

up the beach, removing plastic waste that threatens the park's marine ecosystem.

In the afternoon, we met with members of the local community, who shared their experiences and insights on conservation efforts in the area. We learned about the importance of community involvement in protecting the environment, and the role of eco



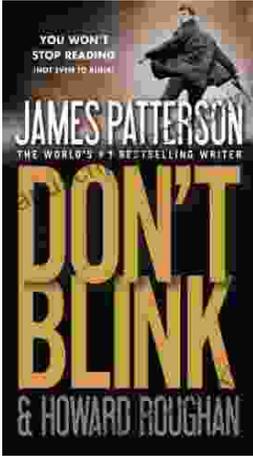
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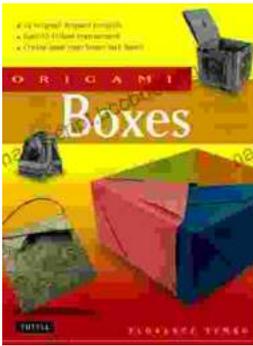
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